



An event of the Quebec Circuit

SAILING INSTRUCTIONS

July 7 to July 9, 2023

Pointe-Claire Yacht Club, Pointe-Claire, Québec

Organising Authority: Pointe Claire Yacht Club (PCYC)

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. If there is a conflict between languages, French will take precedence.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official online notice board located at this link:

<https://www.pcyq.qc.ca/en/event/try-regatta-2023/>

This changes NoR 6.1.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official online notice board before 8h00 on the day it will take effect, except that any change to the schedule of races will be posted by 20h00 on the day before it will take effect. This changes NoR 5 and 6.1.

4. SIGNALS MADE A SHORE

- 4.1. Signals made ashore will be displayed on the official flagpole located south of the club house.
- 4.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in the race signal AP. Boats shall not leave the dock while the AP flag is displayed.

5. SCHEDULE OF RACES

- 5.1. Seven races for each class are scheduled.

5.2.

Date	Event	Class
Friday July 7, 2022	Coaches Meeting: 11h00	
	Athletes Meeting: 11h30	
	Practice Race: 13h00	All Classes
	Race 1 Warning Signal no sooner than 15 minutes after the finish of the last boat in the practice race.	All Classes
Saturday July 8, 2022	First Warning Signal: 10h00	All Classes
Sunday July 9, 2022	First Warning Signal: 10h00	All Classes

- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4. On the last scheduled day of racing, no warning signal will be made after 15h00.

6. CLASS FLAGS

Class	Class Flag	Racing Area
Optimist	Purple	1
ILCA 4	Turquoise	2
ILCA 6	Pink	2
C420	White	2
Optimist Green	Green	3

7. RACING AREAS

Attachment B shows the location of racing areas.

8. THE COURSES

The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Class	Course Type
ILCA 4 , 6	2
C420	2
Optimist	2
Optimist Green	1

9. MARKS

9.1. Marks will be as follows:

Course Area	Mark Colour and Shape	Change Mark Colour and Shape
1	YELLOW TETRAHEDRON	ORANGE TETRAHEDRON
2	ORANGE TETRAHEDRON	YELLOW TETRAHEDRON
3	YELLOW CYLINDER	n/a

9.2. Starts and finish marks will be Red Spheres on courses 1 and 2 , and Yellow Cylinders on course 3.

10. THE START

- 10.1. The starting line will be between the staff or halyard displaying an orange flag on the race committee boat at the starboard end of the line and the course side of the starting mark as shown on Attachment A.
- 10.2. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.3. A boat that does not start within 4 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes rule RRS A4 and A5.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, the original mark will be reused.

12. THE FINISH

The finish line will be between the staff or halyard displaying a blue flag on the race committee boat and the course side of the finishing mark as shown on Attachment A.

13. TIME LIMIT

13.1. Time limits and target times are as follows:

Class	Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
Optimist	20 Minutes	70 Minutes	15 Minutes	45 Minutes
Optimist Green	20 Minutes	45 Minutes	10 Minutes	25 Minutes
ILCA	20 Minutes	70 Minutes	15 Minutes	45 Minutes
C420	20 Minutes	70 Minutes	15 Minutes	45 Minutes

13.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

13.3. Per the table above, boats failing to finish within the Finishing Window after the first boat sails the course and finishes will be scored "Did Not Finish" without a hearing. This changes RRS 35, A4 and A5.

13.4. When it is in the best interest of the fleet and its competitors, the Race Committee may award finishing places to boats which are delaying the finish of the race (on course finish). The scoring abbreviation for an on-course finish will be OCF.

13.5. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

14. HEARING REQUESTS

14.1. The protest time limit shall be posted for each class and will be 60 minutes after the time the RC boat docks after racing is completed for the day, or the RC signals no more racing for the day, whichever is later.

14.2. Protest forms and the protest desk will be located in the club's upstairs lounge.

14.3. Notices will be posted on the on-line official notice board no later than 10 minutes after a protest or request for redress is filed to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in a pop-up tent near the shear legs adjacent to the flag pole.

14.4. Notices of protests by the race committee, technical committee or protest committee will be posted on the on-line official notice board to inform boats under RRS 61.1(b).

15. SCORING

15.1. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

15.2. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15.3. The scoring for all qualifying events will be counted to determine overall results for the Circuit du Quebec.

16. REPLACEMENT OF A CREW

[DP]Substitution of competitors will not be allowed without prior written approval of the Race Committee.

17. MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the rules.

18. OFFICIAL AND SUPPORT BOATS

18.1. Judges will display a white flag showing the letter J.

18.2. Race Committee vessels will display their course number pennant.

18.3. [DP] **Except on the Optimist Green Fleet course**, Team leaders, coaches and other support persons shall stay 50 m outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.

19. SAFETY REGULATIONS

19.1. All competitors shall wear approved lifejackets or other approved personal buoyancy at all times while afloat. This changes RRS 40.1

19.2. Each day all boats shall check-out and check-in at the desk near the sail shed and west ramp.

19.3. [DP]A boat that retires from a race shall notify the race committee as soon as possible.

20. PRIZES

Prizes will be awarded for each class except Opti-Green Fleet. (Participants in the Optimist Green Fleet will receive participation prizes.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority and Pointe-Claire Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

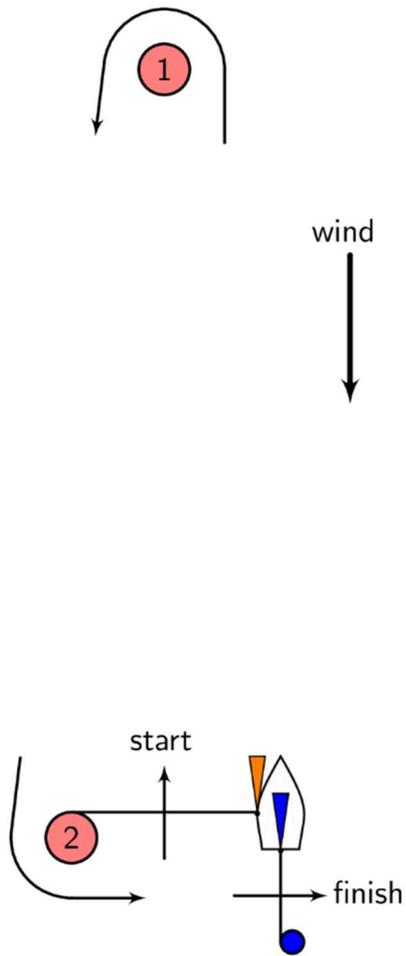
22. INSURANCE

Each participating boat shall be insured with valid third-part liability insurance with a minimum cover of \$500,000.00 CAD per incident or the equivalent.

**ATTACHMENT A
ILLUSTRATION OF THE COURSES**

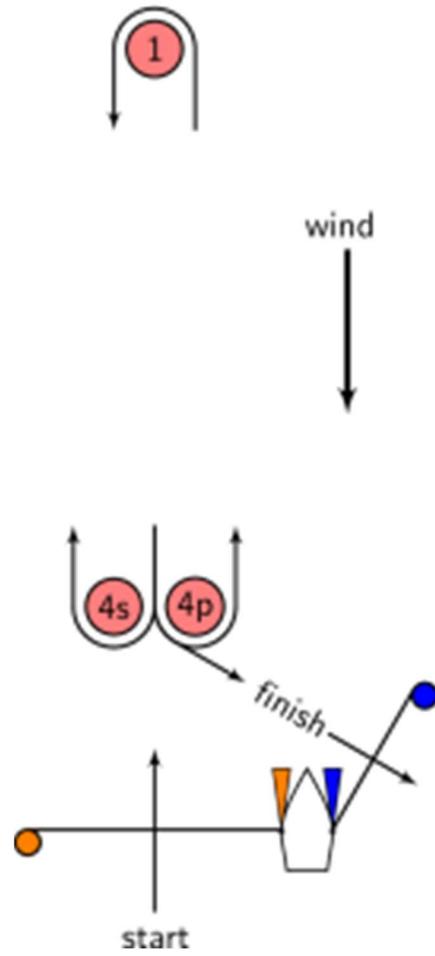
Course 1

**Start-1-2-Finish
Optimist Green Fleet**



Course 2

**Start-1-4(gate)-1-4P-Finish
All except Optimist Green Fleet**



**ATTACHMENT B
ILLUSTRATION OF THE RACING AREAS**



Class	Racing Area
Optimist	1
ILCA 4	2
ILCA 6	2
C420	2
Optimist Green	3